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Contact: info@medhab.com

(800) 541-1420

Remote Wearable Technology to Maximize Orthopedic Outcomes and Minimize Exposure to Infectious Agents, such as Covid-19

Fort Worth based Wearable Device Technology company offers physical therapy and monitoring device for home and in-clinic use

Fort Worth, Texas – In light of the COVID-19 pandemic, MedHab® LLC, unveiled StepRite® with pulse oximetry allowing providers to monitor their patients either remotely or in-clinic. This advanced technology will allow a patient to remotely receive and be monitored for their prescribed physical therapy by their physician, eliminating the need for regular face-to-face contact between patient and therapist. With this present healthcare crisis, keeping vulnerable populations away from public exposure is critical, along with continuing prescribed rehabilitation to improve the well-being of patients.

StepRite® is a wearable device that measures gait, range of motion and force distribution for patients requiring physical therapy. Orthopedists, cardiologists and neurologists, as well as physical therapists, can use the device to ensure patients are correctly performing rehabilitation exercises and make clinical decisions regarding their care. StepRite® is a class II medical device, HIPAA secure, and streams data from the device directly to the provider allowing the patient to perform physical therapy from their home, work, or while with a physical therapist.

Reacting to this declared national emergency, Medhab® has added pulse oximetry, which measures oxygen saturation, to StepRite®. “Given the current pandemic, it is important to measure oxygen saturation, as decreased oxygen is an early symptom of pulmonary dysfunction as seen with COVID-19,” stated Dr. John Early, MD, MedHab® Medical Director. StepRite® also offers solutions to providers regarding Medicare’s recent ruling allowing for continual care of patients via remote technology using newly created CPT codes.

Many senior patients are referred to home health when post-surgical physical therapy is required. Under the current situation, home health can place both the physical therapist, and patient, at risk of contracting the COVID-19 virus. StepRite® offers home health and outpatient physical therapy as options to take care of the patient through remote monitoring and telehealth.

StepRite® was originally designed to meet the needs of telemedicine and remote patient monitoring. Remote Patient Monitoring (RPM) solutions have reduced hospital readmissions by 50% with over 80%

of the patients satisfied with the telehealth solution (PR Newswire, 2019). Dr. Early also stated that “global evidence shows that when remote patient monitoring is used by doctors and physical therapists, patient outcomes are often better than traditional physical therapy.”

StepRite® incorporates both physical therapy monitoring with pulse oximetry and enables physical therapists to stay in touch with their patients remotely. Once physical therapy has concluded, doctors can remain in contact with their patient throughout the year via weekly and monthly reports provided by StepRite®. “This offers a unique opportunity to meet Medicare’s recent changes to RPM, while also addressing the major issue of the pandemic,” added Dr. Early. Johnny Ross, CEO of MedHab®, expressed that “patients want more efficient ways to engage their providers, which StepRite® now offers.”

Setting up a provider account and learning how to use StepRite® is a short process. Providers interested in utilizing StepRite® can contact MedHab® directly at info@medhab.com or visit www.medhab.com or call the help line at 800-541-1420.